

Learn to Coach - A Personalized Coach Training Experience

Frequently Asked Questions



Is your course similar to other programs such as CTI, Adler, or Royal Roads?

Our program is more closely aligned with the Adler program, in that we cover the same three core areas: mastery as a coach, foundational basics, and workplace application. Both CTI and Adler, however, model their programs off a co-active or psychology base. We'll cover these different approaches in training, but we don't ascribe to just one method as these appear to. Instead, we take a blended approach and offer a coaching model for individual engagement, which we will explore further in the program.

Is the course geared towards internal HR professionals only, or is it also applicable for someone working as an external coach?

This program is applicable to anyone looking to learn fundamental coaching skills.

How much previous experience is required? Is there any preparation or pre-work required?

Some knowledge and background in leadership principles and practices is helpful. Most of our participants come with a bachelor's degree, though it is not a requirement.

For the mentor coaching hours, who can serve as a mentor coach?

Participants receive up to 5 of the 10 mentor coaching hours required for ICF certification. We have a number of coaches you can contract to work with to obtain your additional 5 hours.

How long do I have to complete the program?

You must complete this experience within six (6) months from the time you tell us you're ready to start and your investment is complete. Studies show that focused, concentrated training with optimized space between sessions was advantageous because it allowed for more latent, between-session and post-training learning to emerge. Too much time and you could lose momentum, and even worse, your learning experience could fade.

Ready to register or have other questions?

Contact customercare@pamelajgreen.com